

# The Developing Physician Course

## Required Equipment List

Welcome to The Developing Physician course! In this course, you will learn the important skills necessary to function as a clinical physician. The following is a list of equipment that is required for this course. Included are some options for you to choose from when looking to purchase your equipment. Do not feel obligated to purchase the exact equipment that is listed here, these are merely examples to help you make a choice. If you find your equipment elsewhere, or at a better price, then feel free to purchase it from another provider.

Please contact the CHSU-COM Office of Student Affairs if you would like more information about other purchase options.

### **REQUIRED EQUIPMENT:**

#### **1. Stethoscope:**

- High Quality Examples
  - 3M Littmann Cardiology IV - \$189.99 ([stethoscope.com/cardiology-IV](http://stethoscope.com/cardiology-IV))
  - 3M Littmann Master Cardiology - \$197.00 ([stethoscope.com/master-cardiology](http://stethoscope.com/master-cardiology))
- Quality Examples
  - 3M Littmann Classic III - \$89.99 ([stethoscope.com/classic-iii](http://stethoscope.com/classic-iii))
  - 3M Littmann Master Classic II - \$112.00 ([stethoscope.com/master-classic-ii](http://stethoscope.com/master-classic-ii))

#### **2. Otoscope and Ophthalmoscope – make sure it has disposable speculums**

- High Quality Examples
  - Welch Allyn 22820 PocketScope Otoscope with "AA" Handle - \$245.00 ([amazon.com](http://amazon.com))
  - Welch Allyn 3.5 V Halogen HPX Otoscope Set with MacroView Otoscope: 25270-M - \$393.18 ([studentmedicalshop.com](http://studentmedicalshop.com))
  - 97200-MSL Welch Allyn 3.5 V MacroView Diagnostic Set Li-Ion Handle with LED Lamps - \$607.98 ([steeles.com](http://steeles.com))
    - This set includes an otoscope and ophthalmoscope
- Quality Examples
  - ADC Diagnostix 5111NS 2.5v Pocket Otoscope - \$101.13 ([amazon.com](http://amazon.com))
  - Welch Allyn 3.5 V Halogen HPX Diagnostic Set – 97150-MC - \$238.89 ([devinemical.com](http://devinemical.com))
    - This kit includes an otoscope and ophthalmoscope. With this kit, it may be more difficult to visualize structures, especially in the eye unless you upgrade the otoscope head.

#### **3. Reflex Hammer**

- Any type of reflex hammer is sufficient (pricing ranges from \$5.99 up to \$149.99)
  - Newsfana Taylor Percussion Reflex Hammer 7.51.90.78 F-080 - \$5.99 ([amazon.com](http://amazon.com))
  - Prestige Taylor Percussion Hammer - \$6.00 ([amazon.com](http://amazon.com))

#### **4. Tuning Forks - Two (2) total**

- One (1) Tuning Fork that is 128 Hz and one (1) Tuning Fork that is 512 Hz
- Any types of tuning forks is sufficient (pricing ranges from ~\$8 to over \$100). There are numerous online retailers.

**REQUIRED EQUIPMENT (continued):**

**5. Goniometer**

- Please purchase a 6" inexpensive one. They are commonly found for under \$10.

**6. Manual Sphygmomanometer (Do not purchase a digital device)**

- Prestige Medical 3-in-1 Aneroid Sphygmomanometer Set with Carry Case – \$45.47 ([amazon.com](https://www.amazon.com))
  - This set includes a pediatric, adult and large cuff.
  - Should you choose to purchase different set, an adult cuff is sufficient.

**7. Pen Light**

- No minimum lumen requirement. Can be found online from multiple sources, including amazon.com. Prices range from \$6 to \$25.

**8. Pocket Eye Chart**

- Can be found online from multiple sources, including amazon.com. Prices range from \$4 to \$15.