

CHSU-COM

ORIENTATION WEEK

JULY 15 – 18

Full Schedule ►


CHSU-COM

ORIENTATION WEEK



TUESDAY 15

Dresscode: Professional Attire

7:30-8:15 AM	Continental Breakfast & Check-In
8:15-9:00 AM	Dean's Welcome
9:00-10:15 AM	Rally & Class Photo
10:15-10:30 AM	Break
10:30-10:45 AM	Meet the Security Team
10:45-11:00 AM	Meet Financial Aid
11:00-11:15 AM	Meet the Registrar
11:15-11:30 AM	Meet IT
11:30 AM - 1:00 PM	Lunch Sponsored by the Navy & 
1:00-1:30 PM	Gratitude in Every Line
1:30-3:15 PM	Meet the Office of Academic Affairs & Assessment
3:15-4:30 PM	Meet the Office of Student Affairs

ORIENTATION WEEK

WEDNESDAY 16

Dresscode: Undergraduate College Shirt Day or Business Casual

breakfast not provided


8:00-8:30 AM	Check-In
8:30-8:45 AM	Welcome & Wednesday Expectations
8:45-10:00 AM	The Study Rx: Prescriptions for Smarter Learning
10:00-11:00 AM	Wellness Quest: Choose Your Path to Peace <i>*Yoga will be available for this event. Please bring a Yoga mat & change of clothes.</i>
11:00-11:15 AM	Break
11:15 AM-12:15 PM	What is on Your Plate? Balancing life in medical school
12:15-1:15 PM	Lunch Sponsored by the Air Force
1:15-2:15 PM	The Anatomy of a Perfect Schedule
2:15-2:30 PM	Challenge Coin
2:30-2:45 PM	Break
2:45-3:45 PM	This is Fine: Surviving Medical School with more than Caffeine & Vibes
3:45-4:00 PM	Class Motto

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THURSDAY 17

Dresscode: Business Casual

breakfast not provided

8:00-8:30 AM	Check-In
8:30-8:45 AM	Welcome & Thursday Expectations
8:45-9:30 AM	Wellness Quest: Choose Your Path to Peace <i>*Yoga will be available for this event. Please bring a Yoga mat & change of clothes.</i>
9:30-10:00 AM	HoloLens Disbursement
10:00-11:00 AM	Anatomy Review
11:00-11:30 AM	Butterfly Disbursement
11:30 AM-12:30 PM	Lunch Sponsored by  Butterfly™
12:30-1:00 PM	Meet the Library
1:00-2:00 PM	How to Succeed in Medical School
2:00-3:00 PM	The Student Doctor Is In... and On Point
3:00-4:00 PM	Plot Twist: Struggle = Progress
4:00-4:45 PM	Campus Connections: Explore, Engage, Excel!

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FRIDAY 18

Dresscode: Casual (No shorts, exercise clothing, ripped jeans or exposed midriffs)

breakfast not provided

8:30-8:45 AM

Check-In

9:00 AM-12:00 PM

DO-ing Good: A Service Journey

12:00-1:00 PM

Present Class Motto & Ice-Cream Social