

CALIFORNIA HEALTH SCIENCES UNIVERSITY

COLLEGE OF OSTEOPATHIC MEDICINE



About CHSU



Located in the heart of Central California, our mission is to improve the health care outcomes of people living in the Central Valley, especially the underserved and rural populations.



Our Doctor of Osteopathic Medicine (DO) program offers a whole-person approach to treatment and care, utilizing cutting-edge technology and hands-on experiences.

Osteopathic physicians tend to support underserved areas with primary care practices in great need, like family and internal medicine, pediatrics, and obstetrics.



With the shortage of local physicians, CHSU graduates can make a huge impact on the community delivering much needed health care to our region.





Admissions



MINIMUM REQUIREMENTS FOR 2022-2023 APPLICANTS (CLASS OF 2027):

- **Baccalaureate degree** (or equivalent) from an institution accredited by an agency recognized by the US Department of Education.
- · An overall cumulative and science GPA of 3.0 or higher.
- MCAT score of 498 or higher, with no subsection below the 15th percentile.
- Provide 2 Letters of Recommendation.
 - One letter from a physician (DO or MD).
 - One academic letter written by a college science professor.
- Satisfactorily complete the prerequisite courses listed below prior to matriculation.
- · U.S. Citizenship, U.S. Permanent Resident, or DACA Recipient

Required Prerequisite Courses	Semester Hours	Quarter Hours
Behavioral Sciences	3 credits	4
Biology	8 credits/ one year	12
General or Inorganic Chemistry	4 credits	6
Organic Chemistry	8 credits/ one year	12
Physics	8 credits/ one year	12
English (e.g. Composition/Literature) AP credits for English are accepted if specified on the transcript	6 credits	9

Recommended: Microbiology, Biochemistry, Anatomy, Physiology, Genetics, Immunology

DID YOU KNOW?

Students from the Class of 2025 had an average MCAT score of 507.4 and an average undergraduate GPA of 3.5





Living Our Mission



REQUIRED
MEDICAL
SPANISH
CONNECTING WITH
PATIENTS IN THEIR
NATIVE LANGUAGE

LOCAL
CLERKSHIP
ROTATIONS
IN HOSPITALS,
CLINICS, AND
OTHER LOCAL
HEALTH
FACILITIES







EARLY
INTRODUCTION
TO RESEARCH
AND
POPULATION
HEALTH





83%
OF OUR
STUDENT BODY
IS FROM
CALIFORNIA





RECRUITING MEDICAL STUDENTS THAT EMBODY THE COMMUNITY

TEACHING FUTURE PHYSICIANS TO THINK OF

TO THINK OI FOOD AS MEDICINE







Modern Medicine, Hu





man Touch

Improving the health of patients from day one

CHSU-COM clinical education focuses on a whole-person approach to treatment and care, utilizing cutting-edge technology and hands-on experiences. We prepare medical students to be life-long learners and champions of evidence-based medicine, engaging in research and scholarly activities.

CHSU medical students will, from the **first semester** and continuing through following years, experience Early Service-learning projects which medical students can positively impact patients from the Central Valley.

During these projects, medical students collaborate with faculty, preceptor physicians, other health care providers, and scientists. Some students will have the opportunity to potentially publish their research from these projects in peer-reviewed journals and present at conferences.

Clinical clerkships in years 3-4 help CHSU medical students develop into highly trained physicians in modern medicine and compassionate health partners to every patient they treat.





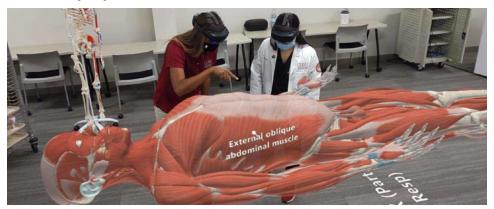
"Community service-learning projects allow me to directly work with underserved patient populations."

Yanet Benyam Hometown: Fresno, CA



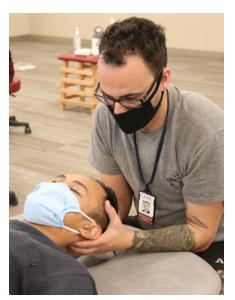
Learning in Years 1 & 2

Our curricular model for years 1-2 improves knowledge, retention, and performance while integrating problem-solving skills for critical thinking, active-learning techniques, early service-learning experiences, interprofessional collaboration, and **dedicated COMLEX prep time**.



STATE-OF-THE-ART SIMULATION CENTER

Medical students learn clinical skills in CHSU's Simulation Center safe environment. Some curricular highlights include in-patient hospital simulation, out-patient standardized patient sessions, and holographic anatomy in collaboration with Case Western Reserve University School of Medicine.



OSTEOPATHIC MANIPULATIVE MEDICINE (OMM)

Medical students learn clinical OMM, a hands-on treatment DOs use to diagnose illness and injury and encourage the body's natural tendency toward self-healing.

Medical students learn to perform techniques like stretching, gentle pressure, and light resistance to alleviate pain, promote healing, and increase overall mobility.



TEACHING KITCHEN

Based on Tulane University's culinary medicine curriculum, we teach *Health Meets Food*. Medical students learn basic nutrition and culinary medicine through team-based learning applications, case studies, and hands-on cooking classes in our on-site Teaching Kitchen.

MEDICAL SPANISH (REQUIRED)

Medical Spanish courses help CHSU medical students learn the language and better understand the cultural aspects that can impact a Spanish-speaking patient's health.





"Team-based learning helps improve my interpersonal communication and apply the knowledge right then, right there."

Vishal Gupta Hometown: Los Angeles, CA



Learning in Years 3 & 4



Clinical clerkships in years 3-4 help CHSU medical students develop into highly trained physicians in modern medicine and compassionate health partners to every patient they treat. Most clerkships are conducted in local clinics, private offices, health facilities, and the 9 hospital systems within driving distance of CHSU.



"It's important to me that CHSU rotation sites are within reasonable driving distance, so I won't have to move during clerkships."

Carter Yang Hometown: Sanger, CA



Year 3 clinical clerkships include family medicine, internal medicine, surgery, obstetrics and gynecology, pediatrics, behavioral medicine, and electives. Dedicated board prep time is also vital in the curriculum.

Year 4 provides ample opportunities for audition rotations, allowing medical students to showcase their abilities and prepare for the residency match. Required year 4 clerkships include community health center, emergency medicine, primary care, and specialty medicine.





Financial Aid

The CHSU Office of Financial Aid (OFA) is committed to ensuring students make informed financial choices. The OFA assists medical students in understanding, applying for, and securing financing for a professional education, from the beginning of their academic career at CHSU to their entry into residency training and beyond.

STEP 1: BEING PREPARED

- Calculate your monthly expenses
- · Plan a budget

STEP 2: UNDERSTANDING COSTS

- · Tuition and fees
- · Health insurance
- · Books and supplies
- Room and board
- Transportation
- · Personal expenses

STEP 3: EXPLORING SCHOLARSHIP OPPORTUNITIES

- Earning scholarships can greatly reduce the debt you may accrue during medical school
- For a full list of scholarships available, visit our website osteopathic.chsu. edu/financial-aidscholarships-tuition

STEP 4: INITIATING LOANS

- CHSU offers competitive, private educational loan financing options
- For private or alternative loans, borrowers should consider factors such as:
 - annual and aggregate loan amount limits
 - interest rates
 - fees
 - disbursement processes
 - timing and frequency
 - deferments such as during the in-school period
 - repayment terms



For more Financial Aid information, please contact:

Kevin Hoover, Executive Director of Financial Aid (559) 325-7649 · khoover@chsu.edu Sandra Acuña, Financial Aid Advisor (559) 472-7874 · sacuna@chsu.edu

Scholarships



In partnership with two Valley philanthropic organizations, CHSU students are awarded private scholarships each year.

CHSU Scholarships are possible through the generosity of our community partners to help CHSU students finance their doctoral health care education.

Students are encouraged to investigate other ways to fund their academic career at CHSU. Visit our website for some potential scholarship opportunities and select scholarship search engines.









"Scholarship opportunities help alleviate my financial burden. They can also inspire more people to apply to med school knowing their goals are more attainable."

Tatiana Abdulnour Hometown: Seal Beach, CA



Student Life







The CHSU campus community embraces diversity, equity, and inclusion to help ensure student success. Supported by faculty and staff, medical students can develop close relationships both on campus and within our community at large.

CHSU medical students' medical education is enriched by plentiful opportunities for community service, social, cultural, and recreational experiences.

Student organizations on campus range from community-impact to medical specialty exploration, to shared interest groups. Medical students can also get involved in the Student Government Association to advocate for student colleagues with the faculty, administration, and outside agencies.



LINK
Learn more
about
Student Orgs

California Living



Central California is a growing place with diverse populations, strong sense of community, less traffic, and affordable living. With around 300 days of sunshine, outdoor activities, festivals, and leisure are abundant.

EINKLearn about

living in

Central California

YEAR-ROUND FARMERS MARKETS OFFERING LOCALLY GROWN PRODUCE



ONE OF THE MOST **DIVERSE POPULATIONS** IN THE STATE



PLENTIFUL
CAREER
OPPORTUNITIES
IN HEALTH CARE
INSTITUTIONS





- ARKS NEARBY

 · YOSEMITE
 - ·SEQUOIA
- · KINGS CANYON

DEVELOP LIFELONG FRIENDSHIPS







2-3 HOURS FROM THE BEACH:

- · PISMO BEACH
 - · MORRO BAY
 - · CARMEL · MONTEREY





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